

Serving children through Montessori Education since 2001

## FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)
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SEPTEMBER 17, 2015

The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education.

~Martin Luther King, Jr.



#### **Notes from Michelle**

Things are starting to get back to the normal flow. Students are settling in and routines are established. It is so much fun getting to know all the new students and their unique personalities.

Tuesday night I discussed the CAASPP tests with the Board of Directors. I will try to address any questions parent might have regarding the new system of assessment at the PTLG meeting on September 24.

Sometimes it must seem as though Eagle Peak has a lot of expectations and parameters. For most of us, this might seem to be incongruent with the Montessori concept of choice. However, Montessori education is about preparing an environment within which choice is possible. Freedom within limits and choices with responsibilities are phrases we often use. Allowing children a safe environment where behavioral expectations are upheld and distractions are limited actually gives them the opportunity to focus on learning choices and experiences. I know that most of us who have chosen Montessori have done so from our own sense of seeking out alternatives. Eagle Peak Montessori has high expectations and standards because in the current day, this is "alternative" far more often than not. We also know that these expectations make our students stand out from the crowd when they leave our school. They have earned a reputation in the district and beyond as strong leaders and learners. After all, isn't that the actual hope and goal for choosing Eagle Peak in the first place?

Have a great weekend.

**E**AGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD, WALNUT CREEK, CA 94598

PHONE: 925-946-0994 / FAX: 925-946-9409



# **Monday Gathering**

6<sup>th</sup> Grade Gathering Leaders: Rebekah Holder &

Amelia Record

5<sup>th</sup> Grade Quotes:

#### **Callum Albright**

"Education is not preparation for life; education is life itself."

~ John Dewey

#### **Itzel Balcazar**

"Let us remember one book, one pen, one child, and one teacher can change the world."

~Malala Yousafzai

#### **Ellexis Mingming**

"Education's purpose is to replace an empty mind with an open one."

~Malcolm Forbes

#### **Abram Williams**

"The fate of empires depends on the education of youth."

~Aristotle



## Calling all Parents !! Attendance Help

It only takes a minute ...... and helps out enormously. <u>Please</u> contact the office as soon as possible either phone or email (<u>epmsattendance@gmail.com</u>) when you know your child will be out for the day or arriving late for whatever reason (sickness, doctor/dentist appointments vacation days, etc.).

Thank you to all the parents who do ©



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#### **Notes from CFEP**

#### **AUCTION** kick off meeting:

Our second biggest fundraiser outside of annual giving is the annual auction. If you have interest, feedback or simply want to be part of the planning for this exciting event, please join us at a kick off meeting, Thursday, October 1st at 6:30. We need several parents in our community to participate and there are several ways to help. Please come to our kick off meeting to learn more.

Donations are important for both auction and golden ticket raffle. I want to put the word out early- we need vacation destinations and other fun and exciting donations to help make these events a success. If you have a second home in Hawaii, Mexico or a place in the mountains or on the beach, we would be extremely grateful to any consideration in donating time to stay at a popular destination.

Please join us for our Back-To-School play date and dinner on Wednesday, September 30th! We will get together at Arbolado Park after school to let the kids play and then off to dinner to support our Dine & Donate.



Don't forget to purchase your tickets by September 24th. Every ticket gives \$8 back to our school. Let's make this fundraiser a success!

Please contact Shelly Gillis at sgillis@eaglepeak.org if you have questions.



## **PTLG Quick Notes**

Hello EPMS community,

Sep 24: PTLG meeting for entire school at 6:30pm

at EPMS

Sep 30: Lower El Play Date at Arbolado Park from

1-5:00pm. Come and enjoy playtime with the Lower El children and their families at

Arbolado Park.

Sep 30 Dine and Donate at Tahoe Joes. See

enclosed flyer. Room parents we will discuss this event at the Sept 17 room parent strategy session. Contact Michelle

Scattergood with any questions (micharbabian@yahoo.com)

Oct 18: Fall Fest/Chili Cook-off. Event details will

be in the next Friday Folder. Contact Erica Chinchilla (mamabruno78@live.com) with questions about Fall Fest. Contact Akiko (glasguchi@gmail.com) with questions

about the Chili Cook-off.

Thank you room parents for attending the meeting on Thursday. We were able to discuss many agenda items that will impact/support your position in the classroom. If you missed the meeting. contact Rachel Beeler for the notes. (email: rdwiggins@yahoo.com, cell: 925-768-9089)

**Did you know?** All volunteer activities associated with the school count towards your total contribution of 40 hours per child attending the school. These activities include volunteering from home or on campus (e.g. PTLG orientation meeting during bridge



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## PTLG Quick Notes (con't)

week, strategy meetings, PTLG meetings, helping before or during Fall Fest, in the classroom, assisting from home). You track your volunteer hours in a binder in the office by notating the date that you volunteered, your volunteer activity, as well as the number of hours your were involved in that activity. You can also track your hours with an excel spreadsheet and put them in the office binder.

If you have questions about volunteer opportunities and/or events... we are here to help!

Cheers, the PTLG Team

Rachel Beeler Leah Karson
Eme Tatsumi Zulay Loftin
Jennifer Torres Akiko Glasguchi



## Office Notes

#### **Calendared Events**

Sep 22 Fall Picture Day
 Sep 24 Field Trip Training 6 pm
 Sep 24 PTLG – 6:30 pm
 Sep 30 Lower El – Arbolado Playdate
 Sep 30 Tabos Joss Dipo & Dopato



The AP students are working on creating a new garden space on campus, and are desperately in need of cardboard to act as a weed abatement. We are seeking large, flattened, 'box-thickness' pieces of cardboard on an ongoing basis, until we get the back area completely covered. Please bring as many pieces as you can, as often as you like to the AP staging area beyond Room 701.

We truly appreciate any and all help that you can provide! Sincerely, The APs of Room 701



# **Upper El Field Trip s**

Look for information on Upper El's 2015-16 Field Trips in this weeks' Friday Folder. It's important that you fill out the MDUSD Permission slip and return ASAP. Initial contribution for the 2015-16 Field Trips would be appreciated by September 30th<sup>th.</sup>



## **School Roster**

The draft of the school roster is ready in the front office. (There will also be a copy located in Childcare for your convenience.) PLEASE STOP BY AND VERIFY THAT THE INFORMATION WE HAVE FOR YOU IS CORRECT.

These draft rosters will only be available for correction until September 25<sup>th</sup>. At that time we will email the official roster to all by Friday, October 2<sup>nd</sup>. A few copies will be made available in the office.

Thank you for your help with this.



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Attention all EPMS families. You are ALL invited to Save The Date and join us on Sunday, October 28th from 1-4pm for Fall Fest 2015. Fall first is our very first event of the school year. Let's welcome the new families, show our school spirit and have a great time.

Thank you so much to everyone who is helping to organize and everyone who has already signed up to help on the day of event.

Looking for volunteer hours? Sign up today, it's as easy as 1.2.3.

- Click this link to see our Sign-Up on VolunteerSpot: <a href="http://vols.pt/qXQ34J">http://vols.pt/qXQ34J</a>
- 2) Review the options listed and choose the spot(s) you like.
- 3) Sign up! It's Easy you will NOT need to register an

account or keep a password on VolunteerSpot.

Note: VolunteerSpot does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

Any other questions and/ or concerns, please contact myself

Erica Chinchilla mamabruno78@live.com 925.334.6561 or Leah Larson- Auld moopod1@yahoo.com 925.334.8882

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#### **Environmental Ed**



#### **Community Service Day @ EPMS**

Eagle Peak Families and Friends: please join us October 10<sup>th</sup> 9-12 for our usual school garden workday in conjuntion with Walnut Creek Community Service Day. We will be completing a variety of garden projects including an Eagle Scout project to install beautiful new signage in our garden!, mulching, planting, organizing and cleaning. Free pancake breakfast and t-shirts provided for all volunteers at Heather Farms Park. All volunteers must sign up at <a href="https://www.walnut-creek.org/service">www.walnut-creek.org/service</a>. For more information, see flyer attached. If you have questions, feel free to contact me at <a href="mailto:EaglePeakEE@gmail.com">EaglePeakEE@gmail.com</a>. Sheila

Save the date: Next Garden Workday is Saturday, October 10<sup>th</sup>.

# **Music Notes from Ms. Allison**

**ALL CLASSES:** In the first two weeks in music classes, we are working on the art of "listening" by learning everyone's names with rhythm and syllable games, noticing strong and weak syllables in names, listening to the quality and decay of different pitches of resonator bars, practicing how to work together in pairs and large ensembles, and dancing a folk dance that requires the dancer to do something special on beat 8 "not early-not late-only on beat eight." In Upper El, we are exploring "Rhythm of Math" building blocks of body percussion rhythms, adding them together (physically and mentally) to compose rhythmic phrases, and discovering how the accented clap moves to a different beat in varied combinations of Rhythm Blocks that add up to 8. Ask your child to share this with you!



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#### Music Notes (con't)

<u>UPPER EL:</u> Most of the recorders have remained at or been returned to school, but not all. Please give a little extra help to: 5th years - Iris, Viviana, Larkin, Christian, Sydney, Madison, Sean, Colleen, Emma, Kyle & Ellen. 6th years (both alto & soprano)- Ryan, Taleeb, Simon, Amelia, Sirena, Samar, Dylan, Samantha, Rebekah, LuLu, Danny & Reece. I applaud them for wanting to practice at home over the summer! If you truly cannot find it, let me know so I can order a new one for you. The cost is \$5 for soprano and \$16.50 for alto.



# Welcome Back to School, Parents!

My name is Ann Bair and I'm thrilled to be back as the Box Top Coordinator for Eagle Peak this year. Clipping Box Tops is an easy way for you to help our school earn cash. Our goal is \$1,000.

Are you a Box Tops member? Sign up at <a href="https://www.BTFE.com">www.BTFE.com</a> to stay updated on our school's earnings and find a full list of over 250 participating products. Members also receive exclusive coupon offers and recipes and can learn about extra ways for our school to earn more cash.

If you have any questions, please don't hesitate to contact me at <a href="mailto:aes12366@yahoo.com">aes12366@yahoo.com</a>. I'm here to make our school's Box Tops for Education program a huge success this year.

Thanks for your help!



## Picture Day at Eagle Peak

Don't forget next Tuesday, September 22th is our Fall Photo Day (make-up day Nov 3rd).

Please have your child bring the Lifetouch form (with payment) with them on Tuesday. More forms to be had in the office if you need them.



#### **Attachments this Week**

- > Tahoe Joes Dine & Donate Flyer
- Community Service Day
- Box Top Collection Sheet
- ➤ Upper El Field Trips: 4/5 & 6th

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# **SEPTEMBER, 2015 School Calendar**

SUN	MON	TUE	WED	THU	FRI	SAT
20	21	22	23	24	25	26
		Fall Pics		Field Trip Training - 6 pm PTLG 6:30 pm	FRIDAY MARKET	
27	28	29	30			
			LE: Playdate @ Arbolado  Dine & Donate		FRIDAY MARKET	

# **OCTOBER 2015 School Calendar**

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
					FRIDAY MARKET	
4	5	6	7	8	9	10
		Field Trip Training 5:15 Prospective Parent Mtg			FRIDAY MARKET	Garden Work Day 9 am – 12
11	12	13	14	15	16	17
	CFEP 7 pm	Board Mtg 6:30			FRIDAY MARKET	
18	19	20	21	22	23	24
1 – 4 Chili Cook-off		Field Trip Training 6 pm			FRIDAY MARKET	Prospective Parent Mtg 9:30 – 10:30