

EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)
FOLLOW US ON FACEBOOK
MAY 27, 2016

EAGLE **P**EAK **M**ONTESSORI **S**CHOOL

800 Hutchinson Road, Walnut Creek, CA 94598

PHONE: 925-946-0994 / FAX: 925-946-9409



Memorial Day Monday, May 30th No School

"Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop."

~ Dorothy Height

"We shall walk together on this path of life, for all things are part of the universe and are connected with each other to form one whole unity."

~ Dr. Maria Montessori



Board News

Dear Eagle Peak Parents,

Thank you for taking the time to complete the annual survey. Your impressions and opinions of the school matter and we hope you find the survey a useful tool in which to provide feedback. Ms. Hammons and the entire Board review the survey results. Data points are used to validate program performance. We appreciate both the positive comments and thoughtful, constructive critiques. It's through this process we too learn and continue to evolve.

Again, thank you for your participation and continued support of the school.

Sincerely,

Tina Segrove, President Eagle Peak Board of Directors



Notes from Michelle

VOLUNTEER HOURS!!!!! Please, please make sure to write down your volunteer hours for the year prior to June 10th!!!! If you have been keeping them at home, please make sure to bring in that sheet and put it in the volunteer binder in the office. We use these hours in reports to the district, as well as to track and see hour many hours the various activities actually need from our parents. Please do not feel uncomfortable with your numbers, every hour is important and needs to be recorded. Also, please do not feel that it is bragging when you have accumulated well over the 40 requested hours. We really need to know every hour you have volunteered, whether that is 2 or 200! Thank you.

Speaking of volunteers, please be kind to our parents who volunteer to help at carpool. It is their job to remind you to use the crosswalk, or to ask you to pull your car forward, or to not go around other cars. They are there to provide your child with a safe entrance to school each day, and we all need to show our appreciation for this. In the parent handbook there are a list of procedures and at the beginning of every school year, we send home reminders in the Friday Folder as to how the dropoff and pick up process works. Please follow these procedures, and always choose kindness when interacting with each other. Thank you.

Next week our 4th and 5th grade students are off to Westminster Woods. Campus will be a bit quiet.



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)
FOLLOW US ON FACEBOOK
MAY 27, 2016

EAGLE PEAK MONTESSORI SCHOOL

800 Hutchinson Road, Walnut Creek, CA 94598

PHONE: 925-946-0994 / FAX: 925-946-9409



PTLG Quick Notes

Hello EPMS community,

We look forward to seeing everyone at the End-of-the Year Picnic and Stargazing event! Be sure to log your volunteer hours in the Volunteer Binder in the EPMS office.

If you are interested in helping with or coordinating any of our amazing activities/events in the 2016/2017 school year, let us know (rdwiggins@yahoo.com)..... we would love to connect you with this year's coordinators.

Cheers, the PTLG Team

Rachel Beeler Leah Karson Jennifer Torres Eme Tatsumi Zulay Loftin Akiko Noguchi



The EPMS Garden Needs YOU!

The EPMS garden needs YOU! Please sign up to help keep the garden healthy over the summer. Get the remaining volunteer hours you need - or get started for next year! Volunteers should

plan on spending around an hour once or twice during your week watering thoroughly - and helping yourself to some garden bounty of course. Your children know their way around the garden and would love an opportunity to show you around!

Please see the sign up genius for more details and to sign up (search by e-mail EaglePeakEE@gmail.com) and feel free to contact me with any questions.



"RAFFLE"

Drawing will be held at 8:00 pm on Friday, May 27, 2016 at the Stargazing/End of Picnic event at school.

You can purchase additional tickets and drop-off sold tickets at the event before the 8:00 pm drawing.

GOOD LUCK!!!



Notes from Childcare

Please bring your past-due accounts up-to-date.

Childcare will be <u>closing at 5 pm</u> on the last day of school, **Friday**, **June 10**^h. Please arrange to have your child picked up on time.



Lost & Found

2 WEEKS but who's counting.... Please take a moment and check the clothes rack and bins for any missing items. Everything left behind will be put in the USAgain bin (or tossed) after the last day of school.



Notes from the Office

Calendared Events

May 30 Memorial Day – Off May 31 LCAP Info Mtg – 6:30

Jun 6-10 Spirit Week

Jun 10 Last Day – Dismiss 1 pm

Childcare Closing at 5 pm



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)
FOLLOW US ON FACEBOOK
MAY 27, 2016

EAGLE **P**EAK **M**ONTESSORI **S**CHOOL

800 Hutchinson Road, Walnut Creek, CA 94598

PHONE: 925-946-0994 / Fax: 925-946-9409



Music Notes from Ms. Allison

What a fabulous talent show a few weeks ago. The students performed admirably; one of the best in my last 10 years at EPMS. Again, many thanks to the Talent Show Team for making it happen for these talented children of ours!

All recorders are being sent home for the summer. Please keep track of them as they may be used next year.

Lower EI: Our last class of the year was last week (no class next week due to Memorial Day). I set chairs up in rows and we practiced all the elements of being in a children's chorus: standing and sitting quietly on cue, breathing techniques, using our diaphragm to control the breath, expanding our vocal ranges through sirens and vocal exercises exploring pitch, fricatives (p, k, t, f), vowels, consonants, dynamics, ranges and how to sit in sections (Soprano, Alto, Tenor, Bass - none yet!) etc... One favorite exercise was "Mommy made me mash my M&Ms" on a descending 5-note scale. and "Poppa made me press my party pants." After we were all warmed up, we sang Frére Jaques in rounds in English, French, Spanish, and our own made-up languages such as "oogely-boogely." Please look into trying out Contra Costa Children's Chorus if your student is interested in singing.

A new CD of mine was just released and is available on Amazon...just type in Vajra Voices. "O Eterne Deus" is the title and features the music of Hildegard von Bingen, a 12th Century German abbess. I demonstrated for the students some of the musical lines and vocal styles from this recording.



Music Notes (con't)

<u>Upper El:</u> For our last two classes we explored the ukulele for 4th & 5th year students: parts of the instrument, tuning- G, C, E A "My dog has fleas", strumming patterns with and without a pick, one finger chords (Amin, C7), picking melodies, 1/2 step frets, C-scale, and finally checked out the most common chord progression I, V, IV in C (C, G & F chords). We sang lots of songs together, but one of the favorites was "I Lava You" from a Pixar short-film. Lamorinda Music has ukuleles for sale in case your student is enamored. Lots of lessons, music and chord charts are available on line.

6th years: Last class is next week.

My Big News: I have let most of the students know because I wanted to personally say goodbye. I have made the difficult decision to not return to EPMS next year as the music specialist. I have found my performing career increasing in activity over the last few years and I find it difficult to do both at the high level I demand of myself. I also would like to take some time to gather my music education ideas and publish them. It has been a wonderful 10 years and I am very honored to have made music with your children! Many thanks go to the staff, the teachers, Ms. Hammons and the board for supporting the music program!

I will miss you all. Allison



Attachments this Week

- Spirit Week Activities/Explanation
- > Teacher/Staff Gift

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)
FOLLOW US ON FACEBOOK
MAY 27, 2016



EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD, WALNUT CREEK, CA 94598

PHONE: 925-946-0994 / FAX: 925-946-9409

May, 2016 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
29	Memorial Day Off		5 th Yrs @ W	estminster	Woods	4

June, 2016 School Calendar

SUN 5	MON	TUE 7	WED 8	THU	FRI 10	SAT 11
A Spirit Week AA	Board Game & Wacky Hair Day	Read a-thon & Career Day	Field Day 9-12 Sports Day	Decades & Arts & Crafts Day	Fancy Dress LAST DAY OF SCHOOL Closing Ceremony & Teacher Appreciation 11:00 am Dismissal 1:00 PM Childcare Closes @ 5 pm	Garden Work Day 9 am – 12
Summer Hours 10 – 4 pm	13	Board Mtg 6:30 pm	15	16	17	18