



# EAGLE PEAK MONTESSORI SCHOOL

*Serving children through Montessori Education since 2001*

## FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

FOLLOW US ON FACEBOOK

DECEMBER 4, 2015

## EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,

WALNUT CREEK, CA 94598

PHONE: 925-946-0994 / FAX: 925-946-9409

“Live today the way you want to be remembered tomorrow.”

~Dillon Burroughs

“Nobody made a greater mistake than he who did nothing because he could only do a little.”

~ Edmund Burke



## Notes from Michelle

I hope that you all had a wonderfully refreshing Thanksgiving Break. My week truly reminded me of how much I have to be thankful for.

Once again as a part of our annual International Day on December 18<sup>th</sup>, the Adolescent Program students will host a Holiday Boutique. This is wonderful opportunity for your children to purchase holiday items for family and friends. There are also items for adults. In order for adults to have an opportunity for purchasing, the boutique will remain open until 4pm. Look for their ads and further information in the weeks to follow.

**HELP WANTED!** If you are interested in being a substitute teacher- please contact Michelle, ASAP. We are in need of substitutes. Qualifications required: Bachelor's Degree and passing the CBEST. Please email for further information.

[mshammons@yahoo.com](mailto:mshammons@yahoo.com)

One of the most amazing attributes of the parents at Eagle Peak is the willingness to volunteer without any hesitation and contribute to programs, field trips, events, and traditions. Cooperation and humility are huge parts of this process. I want all of you unnamed and often unnoticed volunteers to know we appreciate you and your understanding of the importance of what you do even when it is frustrating, or seems like no one is supporting you- they are. We notice! Thank you!



## Monday Gathering

6<sup>th</sup> Grade Gathering Leaders Andrew Michel  
& Ryan Bomar

5<sup>th</sup> Grade Quotes:

**Justin Pelonio:** “If you have much, give of your wealth. If you have little give of your heart.” Arab Proverb



## PTLG Quick Notes

Hello EPMS community,

Welcome back from your Thanksgiving break!!! I hope you were able to get some much-needed rest after a delicious meal with family and friends. We have a couple of tremendous school-wide events coming up..... get ready:)

Dec. 6-7: **Barnes and Noble Event and California Pizza Kitchen.** We ask that you shop at Barnes and Noble in person or online during this event. Be sure to note that you are with EPMS so that the school will receive a portion of the proceeds. Also, come to California Pizza Kitchen for dinner. EPMS will receive a portion of the proceeds from your delicious meal. This is a tremendous opportunity to kick-start the holiday celebration and the school benefits as well. Contact Anne Marie Wickstrom with any questions. We still need volunteers!!!!

Dec. 18: **International Day.** Laura Lisey-Wagner and Upper EI teachers, Preeti and Ellen, will coordinate this event. Contact these folks if you are interested in cooking, crafts, and/or assisting with this event. Be sure to volunteer to bring food, craft supplies, and/or help at the event. Be sure to contact Laura and/or your Room parents with questions.



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## PTLG Quick Notes (con't)

Jan. 28: **PTLG Meeting** at 6:30pm at EPMS. We will discuss our largest fundraiser of the year, the EPMS auction, as well as address your questions. Teachers at each level (Lower EI, Upper EI, and AP), Room parents, CFEP, board members, Ms. Hammons, and upcoming event coordinators will be in attendance. Please email Rachel Beeler (rdwiggins@yahoo.com) with any questions. Childcare provided!!!

If have questions about volunteer opportunities and/or events... we are here to help!

Cheers, *PTLG Team*

Rachel Beeler	Leah Karson	Jennifer Torres
Eme Tatsumi	Zulay Loftin	Akiko Noguchi



## Scrip Gifts Cards Program

ANNUAL GIFT CARDS are a great way to get your Holiday shopping done PLUS a portion goes to EPMS & it doesn't cost you a penny extra!

### DUE TUESDAY, December 8th

We will still have the traditional hard copy option (in this week's FF) but now we have ONLINE too!

**1st STEP** - PLEASE Go online to shopwithscrip.com and register your family. Eagle Peak's registration code is: **B33A17A61L613**

**2nd STEP** - THEN: Use either the hard copy in your Friday folder or complete online.

To pay online, click on the Presto Pay link in the left navigation bar of your Family Home Page.

See flyer in the Friday folder for more detailed directions.

**DELIVERY DATE: Will be ready for pick up by Monday, 12/14.**

## Barnes & Noble Bookfair

December 6 – 7th

Hope to see you there!!! See attached flyers for schedule, details and vouchers.



## Dine & Donate at CPK

Come and join our EPMS families at CPK this Monday, December 7<sup>th</sup>! CPK will generously donate **20%** of our purchases back to Eagle Peak. You can visit the Barnes & Noble Bookfair and then walk across the street and enjoy your favorite pizza or salad for dine-in or take-out!

In order to get credit for this event, you **must present the flyer** to the cashier at the time of check-out! You can also visit our website at [www.cfep.us](http://www.cfep.us) to download the flyer or show them on your mobile device. Please share the extra flyer with neighbors, family and friends to increase awareness and our fundraising success!

**Monday, December 7th**

**Dine-In & Take-Out**

1120 Broadway Plaza

Walnut Creek, CA 94596

(925) 938-0720



## Notes from Childcare

Childcare payments for the month of December, 2015 are now past due. If you have not already submitted payment, any hours incurred will be charged at the drop-in rate. Drop-in charges for November should be in next week Friday Folder.

Please bring current any unpaid balances before the end of the year. Thank you.



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## UPDATE: Donors Wanted! "A Night to Remember"

Do you own a small business? And do you want to contribute to the EPMS Annual Auction "A Night to Remember"? We are currently seeking donations of good and/or services from small business owners.

Or do you work for a company that makes awesome products, and are in a position to get a donation from your employer? Please contact the Auction Chair for any questions and to get donations forms.  
gundi.younger@gmail.com

The Auction Team is looking for 1 or 2 parents that can help with a photography project for the auction.

Please contact the Auction Chair for any questions.  
gundi.younger@gmail.com



## Lunch Order: 12/15/15 - 2/5/16

Look for the next Lunch Order Form in this week's (12/4) Friday Folder. Please fill out and return by Wednesday, December 9<sup>th</sup>. The **cutoff deadline** is Friday, December 11<sup>th</sup>. If we do not receive your order by Monday, December 14<sup>th</sup> you cannot order lunch for the 1<sup>st</sup> week.

As you recall, due to the Thanksgiving Feast we did not serve pizza at lunch. For those of you who had order pizza on that day you are entitled to a credit and should indicate this on the next order form. Thank you.

**FIELD TRIP ALERT – UE Rooms 201 & 601:  
Friday, January 29 at Chabot Science Center all day.**



## Holiday Boutique is Back!!!!

The Adolescent Program will again be hosting a Holiday Boutique in Room 701 on Friday, December 18<sup>th</sup> in conjunction with International Day. It will be filled with a variety of affordable and creative hand-made holiday gifts for sale to the school-wide community. As the family groups rotate through Room 701, the adolescent students will serve as cashiers, while the 6<sup>th</sup>-years assist the younger students in finding and purchasing selected items to give as gifts to friends, extended family, or maybe to even keep for themselves. Please keep this fun shopping opportunity in mind, and remind your child/ren to bring some spending money. Enclosed in this Friday Folder is a rundown of items and their prices, so you can all plan accordingly.

All proceeds will benefit the Adolescent Program's extended trips (Model UN, Erdkinder, Pedagogy of Place.)

Thank you in advance for supporting this wonderful enterprise!



## Music Notes from Ms. Allison

Hold the date for Parent Education Night on January 13<sup>th</sup> at 7 pm. I will be presenting details about early childhood music education, Montessori's methods and Orff Schulwerk philosophies and more importantly demonstrating some of the activities that your child does during music classes at Eagle Peak. This event is for parents only.



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### Music Notes from Ms. Allison (con't)

Last Friday Folder, I provided a pledge form for the Upper EI students and the parents to sign. If you missed my notes, please go back and read them, they are quite important to the success and happiness of your child in music classes. Although they are not due until Dec 9th, I have received many completed pledges and thus, your student may have brought home their recorder this week. Please set limits on where and when for your household harmony: not in the car (or fingering only in the car), in a room with door closed, not while a sibling is sleeping, etc. Remind them of the backpack rule and gentle blowing technique using only the breath that causes the candle flame to flicker. Students are not required to bring them home, however, the more they play, the more confident they become and the sooner we can do more complicated pieces. You can also simply buy them one for home (The Dollar Store has some that are just fine for home practice.)

This Wednesday, almost all 4th years were able to cut a cleaning cloth from extra material that Morgan W. brought to share. THANK YOU!!! They are encouraged to ask you for cotton material to make as many as they need/want - nothing fancy... approximately an 8" x 2" rectangle. "How do you do today?" was our large movement piece where we had to shift our voices into contrasting styles (loud/soft, high/low, fast, slow) and we had to shift our bodies trading places with a different partner each time. We also started a new piece, En Ten Tina, (a nonsense syllable song) and added a new note (C) to their known tone set of BAG and D. Accompaniment instrument parts added drone notes, rhythmic pulses and color timbres. Some students added dance as well. I added a recorder countermelody when possible.



### Music Notes from Ms. Allison (con't)

Lower EI class activities were as reported in the last notes. 6th graders worked on fluency with C, F, and G chords on the ukulele as well as learning the C scale using three of the four strings and fingering the patterns of whole steps and half steps on the fret board. We also started using a felt pick. Happy fingers!



### Notes from the Office

#### Calendared Events

- Dec 6-7 Barnes & Noble Bookfair
- Dec 7 Dine & Donate: CPK
- Dec 11 Friday Market
- Dec 15 Board Mtg. – 6:30 pm
- Dec 18 International Day  
Holiday Boutique
- Dec 21 – Jan 1, 2015 - Winter Break
- Jan 4 School Resumes



### Attachments this Week

- Lunch Order Form: 12/15 – 2/5/16
- Auction Volunteers Needed
- Yoga Level 2 (UE Only)
- Chess Sign-up Winter Session
- Barnes & Noble Bookfair Schedule
- Barnes & Noble Vouchers
- CA Pizza Kitchen Dine & \$\$ Flyer
- Holiday Gift Card Order Form
- Holiday Boutique Price List








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## DECEMBER 2015 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
		PPM 6:30-7:30 am			FRIDAY MARKET	
6	7	8	9	10	11	12
Barnes & Noble Bookfair					All LE Nutcracker 12-3	 Garden Work Day 9 am – 12
	 Dine & Donate				FRIDAY MARKET	PPM 9:30–10:30 am
13	14	15	16	17	18	19
		Board Mtg 6:30 pm			 International Day	
					 Holiday Boutique Rm 701	
20	21	22	23	24	25	26
	<i>Winter Holiday - No School: 12/21/15 - 1/1/16</i>					
27	28	29	30	31	1	2
	Holiday	Holiday	Holiday	Holiday		

## JANUARY, 2016 School Calendar

3	4	5	6	7	8	9
	CLASSES RESUME	PPM 6:30-7:30 am			FRIDAY MARKET	