



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

FOLLOW US ON FACEBOOK

NOVEMBER 6, 2015

EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,

WALNUT CREEK, CA 94598

PHONE: 925-946-0994 / FAX: 925-946-9409



Veterans' Day - No School Wednesday, November 11th



"We are constituted so that simple acts of kindness, such as giving to charity or expressing gratitude, have a positive effect on our long-term moods. The key to the happy life, it seems, is the good life: a life with sustained relationships, challenging work, and connections to community."

~Paul Bloom

"We're losing social skills, the human interaction skills, how to read a person's mood, to read their body language, how to be patient until the moment is right to make or press a point. Too much exclusive use of electronic information dehumanizes what is a very, very important part of community life and living together."

~Vincent Nichols



Notes from Michelle

When you drive with your child to school or soccer or swimming or even the grocery store, are you taking that opportunity to have meaningful connections with them? Asking (and not giving up at one word answers) "how was your day"? Then maybe adding, did you do something kind for someone today? Did someone do something kind for you today? What were the top 5 moments you can recall? If you had the chance is there something you might have done differently? These 5, 10 minute drives can be the foundation for a lifetime of communication without a phone or texting in between you. Do you have "technology free zones"? This isn't just something for the children to abide by, but are you present with them in the conversations? Do they see a screen on your end somewhere between you and them? When you pick them up from school, are you engaged with them or a conversation on your phone or headset? Do they see the joy in your face, of connection after a long day? Just wanted to provide some food for thought as you head into your weekend. ☺



Notes from Michelle

As you may or may not be aware- Eagle Peak is growing. Slowly but steadily over the past 15 years, we have increased from 60 students to 249. This means that every relationship, every encounter has exponentially more possibilities. While there are so many improvements and opportunities that come with growth, sometimes there are things that can get lost. One thing that often is a little harder to feel or experience is that sense of smaller community. In order to help reinforce the already strong community we have, the PTLG and room parents are coordinating Classroom Game Nights. These are opportunities for you to connect with the other families in your child's classroom. Please watch for information from your classroom room parent for the dates and times of these events.

Next Thursday is our second PTLG night for the year. There will be opportunities to talk with Board Representatives, Teachers from all grade levels, CFEP and to hear about all the events coming up that we would love you to be involved with. Please plan to join us Thursday, November 12 at 6:30pm.

Have a great weekend.



Monday Gathering

6th Grade Gathering Leaders Nate Elwood & Ignacio Bruno

5th Grade Quotes:

Itzel Balcazar: "Never believe that a few caring people can't change the world. For indeed that is all who ever have." - Margaret Mead

Vitali Pena: "Kind words can be short and easy to speak but their echoes are truly endless." -Mother Teresa

Sydney Tatsumi: "You cannot do a kindness too soon, for you never know how soon it will be too late." - Ralph Waldo Emerson



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Notes from CFEP

Annual Giving: Reminder

Thank you to all of the families that have already donated towards our Annual Giving Campaign. With your help, we've already raised over \$50,000 toward our \$100,000 goal!

But we still have a long way to go--so far only 40 percent of our families have donated and 60 percent have pledged.

Phone calls and reminders are starting at the end of November! If you have not yet donated, you might be getting a phone call. Eagle Peak needs your donation!

If we do not make our \$100,000 goal, we will not be able to fund the critical programs that enrich our students' education.

Annual Turkey Trot: Register

Join your friends and family at the Annual Turkey Trot. This family fun event, with 10K, 5K and Kid's Runs, is a great way to start your Thanksgiving holiday and show support for your community and your schools. Proceeds from the Turkey Trot benefit PEAK. Register at www.formaturkeytrot.com

Book Fair: Mark your Calendar

We are hosting a book fair at Barnes & Noble on Sunday-Monday December 6th and 7th. This is a fun community event for parents and students, please plan to attend one or both days.



PTLG Quick Notes

Hello EPMS community,

Brrrr it is getting chilly but things are heating up on campus. Look below for some of the fun events coming up.....

- Nov. 12: PTLG meeting. Teachers at each level (Lower EI, Upper EI, and AP), Room parents, CFEP, board members, Ms. Hammons, and upcoming event coordinators will be in attendance. Please email Rachel Beeler (rdwiggins@yahoo.com) with any questions. Childcare provided!!!
- Nov. 20: Thanksgiving Feast. Lena Takahashi will lead this event. All families will be asked to bring a dish or supplies to this school-wide feast. You may have already received the Sign-up Genius email from your Room Parent. Parents are asked not to attend the event unless they are volunteering. Contact Lena Takahashi or your Room Parent with questions but details regarding the schedule, volunteer opportunities, and dish/supplies.
- Dec. 18: International Day. Laura Lisey-Wagner and Upper EI teachers, Preeti and Ellen, will coordinate this event. Contact these folks if you are interested in cooking, crafts, and/or assisting with this event. Details forthcoming.

Did you know? Childcare will be provided for the PTLG meetings. Just drop your child off at childcare in classroom 601 (multi-use room) and then head over to the PTLG meeting.

If have questions about volunteer opportunities and/or events... we are here to help!

Cheers, the *PTLG Team*

Rachel Beeler	Leah Karson	Jennifer Torres
Eme Tatsumi	Zulay Loftin	Akiko Glasgow



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Lice

Lice season is upon us! If your child has long hair please have them pull it back with a barrette or pony tail and remind them **to keep their hands to themselves**. There's usually a supply of hair ties in the office but we're running low. Please consider donating hair ties for a good cause; just dropped them by the office.

We are making every effort to keep the classroom clear but all must be diligent in checking your children for signs of lice. Remember, it's easier to prevent them than to cure them!



Pizza Friday/Thanksgiving Feast

After much discussion it's been decided that since the Thanksgiving Feast (Fri. 11/18) falls on Pizza Friday we will not be serving Pizza on that day. There will more than ample food available at the Feast.

If you have ordered pizza for your child that day you can use it as a credit towards the next Lunch Order that will be in the December 4th Friday Folder. Please indicate the credit on the form.

Sorry for any inconvenience. Please contact the office if you have any questions.



Environmental Ed



Hope to see you tomorrow, **Saturday, November 7th** from 9 -12 to help us get the garden ready for winter and put a dent in your volunteer hours. Kids welcome. Please bring your own garden tools, gloves and water. If you have any questions please contact Sheila Hill at eaglepeakee@gmail.com.



Notes from Childcare

Childcare payments for the month of November 2015 are now past due. If you have not already submitted payment, any hours incurred will be charged at the drop-in rate and **will be billed at the end of the month**.

Drop-In charges for the month(s) of October, 2015 (or any past due charges) is in this week's Friday Folder. Please remember to bring your accounts up-to-date. **Failure to bring your account current may jeopardize future use of Childcare.**

See Mrs. Mahraj or Jason if you have questions regarding hours used.



Notes from the Office

Calendared Events

- Nov 7 Garden Workday 9 -12
- Nov 8 UE: Lindsey Wildlife Museum
- Nov 9 CFEP – 7 pm
- Nov 11 Veteran's Day – Off (Wednesday)
- Nov 12 PTLG – 6:30 pm
- Nov 13 Friday Market
- Nov 17 Board Mtg – 6:30 pm
- Nov 18 LE Room 401: John Muir House
- Nov 19 UE: Railroad Museum, Sacto
- Nov 20 Thanksgiving Feast
- Nov 23-27 Thanksgiving Break
- Dec 4 Friday Market
- Dec 6-7 Barnes & Noble Bookfaire
- Dec 7 Dine & Donate: CA Pizza Kitchen
- Dec 11 Friday Market



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Lost and Found

It's time again to clear out the Lost & Found Rack located inside the front gate before the Thanksgiving Break. Please take a moment to check for your child's favorite jacket, water bottle or food container before its' gone for good. Anything left behind at the end of day (4 pm) on Friday, November 20th will be sent to charity or tossed. Thank you.



Yoga Session II Date Corrections

There was an error on the Yoga flier sent out last week. Yoga Session II will run Thursdays:

Nov	12, 19
Dec	3, 10, 17
Jan	7, 14, 21, 28



Attachments this Week

- Thanksgiving Feast Participation
- Auction Save-the-Date
- International Day Volunteer Opportunities
- Revised Yoga II Signup
- Save-the-Date: Auction




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NOVEMBER 2015 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
8	9	10	11	12	13	14
	CFEP 7 pm		VETERAN'S DAY  NO SCHOOL	PTLG 6:30 pm	FRIDAY MARKET	PPM 9:30-10:30 am
15	16	17	18	19	20	21
		Board Mtg 6:30 pm	LE: Rm 401 John Muir House 8:20 -11:30	UE: All Railroad Museum Sacramento 8:30 - 3:30 pm	 Thanksgiving Feast	
22	23	24	25	26	27	28
<i>Thanksgiving Holiday - No School</i>						
				 8 am Civic Park		

DECEMBER 2015 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
					FRIDAY MARKET	
6	7	8	9	10	11	12
Barnes & Noble Bookfair					FRIDAY MARKET	
	 Dine & Donate					