

Eagle Peak Montessori Celebrating 13 years of Educational Choice

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)
FOLLOW US ON FACEBOOK
SEPTEMBER 12, 2014



EAGLE PEAK MONTESSORI SCHOOL
800 HUTCHINSON ROAD,
WALNUT CREEK, CA 94598
P 925-946-0994 / F 925-946-9409

“What we need is a world full of miracles, like the miracle of seeing the young child seeking work and independence, and manifesting a wealth of enthusiasm and love.”

~Dr. Maria Montessori, *Peace and Education*



Notes from Michelle

I know that in some ways the teachers in the Adolescent Program and I are sounding way too much like gushy parents.... But I have to tell you, middle school aged children are not as scary as I thought and they are SO COOL. It has been really fun (and I can't think of a better word) to watch them as they create this new program, as they practice Tai Chi in the mornings. It has been especially fun just to simply interact with them each day.

With the start of the year comes all of the reminders for how many of the day-to-day procedures work, so that the Eagle Peak community can run smoothly and safely. This week, I would like to remind everyone of the drop off procedures in the morning. If you are dropping your child off with the greeters at the sidewalk, please wait until your car is next to one of the three students waiting there to help them get out of the car. Please make sure that your child is sitting on the right side of the car and that all students exiting the car are able to exit from the right side. Please do not pull around other cars. If you are walking your child to class, please make sure to use the crosswalk. Regardless of whether you drop off or walk in, please obey the stop sign. All of these requests are designed to help your children and all of the students arrive safely in the morning.

Please do not bring pets on campus unless they are being carried. Although you know your pet and feel safe around them, some children do not. We certainly support not leaving a pet in a hot car, but please make sure that they are in your arms while on campus. If your pet is too large for you to carry, please use the car pool pick up and drop off if your pet is accompanying you at that time.



Notes from Michelle (con't)

I want to thank the Eagle Peak community for being supportive with the new peanut policy. I always knew that our parents would come together to take care of one another and this is a great example.

I hope that you have the Fall Fest, October 5, on your calendar and are planning to attend. This is always fun for the students.



PTLG Announcements

Thank you for coming to our first PTLG meeting and the Parent Education last night. We'd like to thank, especially, our EPMS parent, Jay Vlavianos, for his time and sharing with us information to keep our children safe on the internet. And what a great turn out this morning for the PTLG walk/hike at Castle Rock! Check here for future dates as we will be scheduling more of these walks/hikes.

- 9/28 (Sun) 1 - 4 PM: First EPMS ever Social at Rocco's (2909 Ygnacio Valley Road in the Encina Grande shopping center). Bring the whole family for snacks, drinks, friends and the 9'er game. Hope to see everyone there.
- 10/5 (Sun) at 1 PM: Fall Fest at EPMS. Please contact Erica Chinchilla - mamabruno@live.com to sign up for volunteer opportunities
- 10/14 (Tue) at 7 PM: PTLG meeting
- 10/19 (Sun) 5 - 7 PM: Please join us for our 'Parents Night Out' at EJ Phair Brewing Co. in Concord. This will be a special night with beer tasting/food pairing designed for EPMS. Please reserve your spot by emailing Leah Karson (leah2bfit@hotmail.com), there is limited seating. We look forward to seeing you there.
- 11/2 (Sun): EPMS Community Chili cook off (details to follow in the coming weeks)

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Notes from Board of Directors

The Eagle Peak Board of Directors currently has two open positions. Per the terms of our corporate by-laws, these positions (seats) need to be filled by parents of students currently enrolled at EPMS. The Board of Directors is currently seeking qualified applicants with solid business backgrounds and experience. Running a school is not much different from running a corporation or commercial business. We need individuals with proven experience in:

- Business Finance
- Human Resource/Personnel
- Marketing/Public Relations
- IT
- Commercial Construction/Facilities
- Business Administration
- Fundraising
- Legal/Risk Management/Compliance

We have a specific need for individuals with CFO or CPA experience.

Hesitant to join the Board? Consider lending your expertise to a Board Committee. Board Committees meet on an ad-hoc basis. While committee work is important, there is less of a time commitment serving on a committee.

I encourage you to contact me with any questions. Board applications can be found on the Eagle Peak website: eaglepeakmontessori.org.

Thank you in advance for your consideration.

Tina Segrove, President
EPMS Board of Directors



Attention all EPMS families, you are all invited to attend FALL FEST 2014 on SUNDAY, OCTOBER 5th from 1-4 pm.

This is a wonderful time to meet our new families and reunite with all the wonderful existing families in our EPMS community. Enjoy an afternoon filled with games, crafts, food and great company. In addition, it's also good time to purchase your EPMS merchandise. Remember that school shirts are required during off campus functions. Please also consider purchasing a re-usable EPMS bag or bringing one from home for all your child's prizes and treats. All other purchases at Fall Fest will require a ticket for food, beverages, games, face painting, arts and crafts etc.

Attached you will find the discounted order form for PRE-SALE tickets. Please return to office no later than Wednesday, October 1st for processing. Tickets will be available for pick up on day of event at Will Call. Lastly, as mentioned at Orientation, we will need lots of volunteers to make the event successful for our children and school. Shifts are broken up in about 1.5 hour time blocks so that you can also enjoy the festivities as well. You can find many options to choose from, as in setting-up, manning a booth, donating treats to the famous cake walk, assisting with food and beverage services, and clean up.

Please visit our VOLUNTEER SPOT page for easy sign up at <http://vols.pt/Q9QTTc> or contact Fall Fest Coordinator, Erica Chinchilla via email mamabruno78@live.com or 925.334.6561

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EE News



The 4 R's - Reduce, Reuse, Recycle...ROT!

Our Waste Wizards are working every day to make sure we Recycle everything we can at school! There's another R - Rot which diverts our food waste from the landfill to "cook" in the compost bin and eventually be returned to our garden as soil - nature's amazing recycling program! It's important to remind ourselves to consider the first two R's: Reduce and Reuse.

Here's some Food for Thought: The average child in American throws away 67 pounds of lunch waste a year at school. Below are some ideas that can help reduce lunch waste, which not only helps the environment but can also save you money (and the school too because it's expensive to haul all that garbage to the landfill every week, and much of our garbage is single use plastics):

- Pack lunches in reusable lunch boxes/bags instead of single use
- Include reusable silverware and cloth napkins instead of single use
- Use reusable containers instead of zip-locks or plastic wrap, which do not recycle
- Use a refillable beverage container instead of disposable water bottles or juice boxes.
- Not all food waste composts (meat & dairy) - ask your child if they eat all their lunch, or encourage them to bring home their leftovers so you know what they eat and what they don't (and sometimes their leftovers are perfect for an after school snack).

It's always a win-win to go green and save some green!

Thank You! Sheila Hill, Environmental Ed Specialist



Music Notes from Ms. Allison

The first two weeks in music classes, we are working on the art of "listening" by learning everyone's names with rhythm and syllable games, listening to the quality and decay of different pitches of resonator bars, practicing how to work together in pairs and large ensembles, and dancing a folk dance that requires the dancer to do something special on beat 8 "not early-not late-only on beat eight." Upper EI was introduced to syncopation, off-the-beat clapping, and swing rhythms which are the corner stones of Jazz. 5th years worked on comparing pitches of the C Major scale bells and worked as a group to "grade" them (aka: put them in the correct order).

UPPER EL:

Thank you 5ths and 6ths for having most of your recorders at school! Just a few missing still...

Next Wednesday, 4th years will be receiving a new soprano recorder which we will keep at school for several weeks before allowing practice at home. 5th years will be receiving a new alto recorder.

Please discuss the backpack rule together as a family, post reminders for Wednesday morning, and sign/return the enclosed pledge form.

Please contact me with any questions regarding the EPMS Music Program: Allison.Lloyd@sbcglobal.net



Attachments this Week

- Fall Fest Pre-Ticket Sales Form
- Upper EI (5-7) Yoga Classes
- Upper EI Only: Recorders Needed

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SEPTEMBER, 2014 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
14	15	16	17	18	19	20
	 Fall Pictures	Lunch Starts  Board Mtg 6:30 pm			FRIDAY MARKET	
21	22	23	24	25	26	27
					FRIDAY MARKET  ZUMBA Fundraiser	
28	29	30				
 PTLG Social 1 – 4 pm					FRIDAY MARKET	

OCTOBER 2014 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
					FRIDAY MARKET	
5	6	7	8	9	10	11
 1 – 4 pm					FRIDAY MARKET	
12	13	14	15	16	17	18
		 PTLG 7 pm			FRIDAY MARKET	