



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

FOLLOW US ON FACEBOOK

OCTOBER 27, 2017

EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,

WALNUT CREEK, CA 94598

P 925-946-0994 / F 925-946-9409

"Empathy is the starting point for creating a community and taking action. It's the impetus for creating change."- Max Carver

"The greater good is achieved by not only telling people what they need to know, but also filling them with a sense of empathy and love."- Abigail Disney



Notes from Michelle

"Empathy is the starting point for creating a community and taking action. It's the impetus for creating change."- Max Carver

"The greater good is achieved by not only telling people what they need to know, but also filling them with a sense of empathy and love."-Abigail Disney

Tonight, (as I write this, it is Thursday) we are having a guest speaker at the PTLG meeting this evening regarding inclusion and anti-bias. Sometimes we forget that inclusion and anti-bias encompasses more than culture or ethnicity but also includes those with learning challenges, physical challenges, or even simply act in ways we do not understand. These terms, inclusion and anti-bias, truly are about everyone being accepted and understood. Sometimes it is easier to see the bias we hold when it comes to people whose culture or ethnicity is other than the one we personally experience then when we hold a bias towards someone who may look like us but have other ways in which they might differ from us. Coming to understand these biases is the start to having empathy towards all of those we encounter on a daily basis and empathy is truly the foundation for a better world. Fall Fest unfortunately, will need to be canceled for the year. There simply is no way to find the time that works for everyone's schedule. As sad as that news is for us, we need to remember that while the smoke affected one small part of our plans as a school, so many others were affected in life altering ways by the fires that created the smoke. Fall Fest will return next year.



Notes from Michelle (con't)

This week I'll leave you with the words of the flight attendant on the flight I took last weekend to Denver for a meeting, "Be kind to everyone and if you see someone without a smile, share one of yours."



Notes from the CFEP

There is ONLY 4 days left to enjoy the Early Bird Savings to our Casino Night Auction, held on Saturday, March 17, 2018!! It's currently \$55 per person OR \$100 for a couple.

Purchase here: www.epms2018.eventbrite.com :

For more details:

www.cfep.us

Ticket prices will go up to \$65 per person on November 1st, so purchase them before Halloween!

Our next CFEP meeting is scheduled on Monday November 13th at 7pm. Looking forward to seeing new faces there!



Notes from the Office

It's Box Tops submission time! Our school will be sending in the Box Tops we've collected by Wednesday, November 1, 2017. Remember, our goal this year is to earn \$1,000. You can help us to reach that goal by sending in your Box Tops as soon as possible. Once we send in all of our Box Tops, our school will receive a check, which we can use to purchase anything the school needs.



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Notes from the Garden

On Saturday I hosted a Garden Work Party. Three Eagle Peak families accompanied me in doing some "heavy lifting" to prepare the garden for many of the projects we have planned for students this Fall. Please consider coming to Garden Work Parties; they are held the third Saturday of each month from 8:30-12:30 unless otherwise announced. Students are welcome with your supervision.

Sloat's Garden Centers are hosting a fundraiser this weekend that can provide gift cards for the school garden. Please mention EPMS if you shop this weekend at Sloat's.

This week in the garden we started chard, carrots, cabbage, and kale. The cold mornings have us practicing mindful movement (yoga) before we begin our garden work - afternoon classes do a cooling and centering practice before we start our work. We removed a few trees and bushes from the island and the children and I are working together to prepare large portions of the garden for sheet mulching, which is a very low-tech way of creating gorgeous soil on top of heavy clay. If you walk through the garden this week, you will see the reality of gardening - it isn't always pretty (but you will be rewarded in the spring with great beauty). Several classes worked diligently to transplant one of our Ginkgo trees, and our three bin compost is up and running finally, too. We continue our earthworm study and nature journaling as well.

We need parent volunteers to work after-hours a few days in the next week to pull out the wire lining in some of our dry-rotted beds. Please contact me at garden@eaglepeak.org if you are able to work on this project (I will show you what to do but will not be there). We continue to collect needed supplies for our soil building projects - horse manure, wood chips, cardboard and sawdust are all needed.



PTLG Quick Notes

Your help is needed.....

- **We need office volunteers....**Can you help support our amazing EPMS office crew with filing, stapling, organizing information? If so, please contact Kris Johnson at nachogeek@gmail.com. This is a great volunteer opportunity.
- **We need garden help....** Please contact Amy Chionis at garden@eaglepeak.org if you can help periodically or at special events. There is much to be done to drive this thriving part of our children's curriculum. We need you!!!

Key Events Coming Up

- **Oct 31 Historical Halloween**
All children have a timeline that was sent home to help them complete this project. It is extremely helpful in teaching them how to balance the workload of projects. Count down the days to Historical Halloween with us! We are very excited to see all the historical figures this year. FYI- we may still have a costume swap but details are still being finalized.
- **Nov 15 EPMS Thanksgiving Feast**
Be sure to sign up to bring a dish to share to this tasty feast through Sign up Genius. You should receive the link through your Room Parent. Parents are asked to volunteer to help with set-up, serving, and cleanup for this event. Contact Brandan Ricks at brandan.ricks@icloud.com if you have questions.

Your PTLG team

Rachel Dwiggins-Beeler
Leah Karson
Zulay Loftin
Aikko Noguchi
Jennifer Torres
Brandan Ricks



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Office Notes

Calendared Events

- Oct 28 Prospective Parent Meeting 9:30a
- Oct 30 Community Connection Meeting 6p
- Oct 31 Historical Halloween Timeline 11am
- Oct 31-Nov 3 Early dismissal 1p
- Nov 4 Prospective Parent Meeting 9:30a
- Nov 5 Time Change (FALL BACK)
- Nov 6 Fall Pictures(Re-Takes)
- Nov 7 Parent Ed/AP info night 6:30p
- Nov 10 Veteran's Day-NO SCHOOL
- Nov 13 CFEP Meeting 7p
- Nov 14 EPMS Board Meeting 6:30p
- Nov 15 Campus Thanksgiving Celebration
- Nov 20-24 Thanksgiving Break
- Nov 28 Prospective Parent Meeting 6:30p



Attachments

- After-School Yoga
- Growing up Green (Sloat Garden Center)

Remember, when donating Friday Market items, please package the items individually

**PLEASE CHECK THE LOST AND FOUND.
WE ARE GATHERING QUITE A
COLLECTION OF CLOTHES, WATER
BOTTLES AND LUNCH CONTAINERS.**

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OCT/NOVEMBER 2017 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT	
22	23	24	25	26	27	28	
	Erdkinder/Adolescent Program - Hidden Villa						
		 Prospective Parent Mtg 6:30-7:30 pm	Field Trip Training 1:30pm	All Lower EI to Ardenwood Farm Field Trip Training 6pm PTLG 6:30P	 Prospective Parent Mtg 9:30-10:30 am		
29	30	31	1	2	3	4	
		Historical Halloween Timeline 11am  Early Dismissal 1:00 pm	- - Parent/Teacher Conferences - - November 1 thru 3			 Early Dismissal 1:00 pm	Prospective Parent Mtg 9:30-10:30 am Daylight Savings (Fall Back) Sun at 2 am
			Early Dismissal 1:00 pm	Early Dismissal 1:00 pm			

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NOV/DECEMBER 2017 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
5	6	7	8	9	10	11
Daylight Savings (Fall Back) Sun at 2 am	 Fall Picture Re-Takes	 Parent Ed AP info night 6:30p			VETERAN'S DAY  NO SCHOOL	VETERAN'S DAY 
12	13	14	15	16	17	18
	CFEP 7PM	 EPMS Board of Director's Mtg 6:30p	Campus Thanksgiving Celebration		 Friday Market	
19	20	21	22	23	24	25
 THANKSGIVING BREAK 						
26	27	28	29	30	1	2
		 Prospective Parent Mtg 6:30p			 Friday Market	