



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

FOLLOW US ON FACEBOOK

JANUARY 12, 2018

"We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies."- Martin Luther King, Jr.

"Every man must decide whether he will walk in the light of creative altruism or in the darkness of destructive selfishness."- Dr. Martin Luther King, Jr.



Notes from Michelle

Happy New Year! I hope that all of you had a very enjoyable break and will have a healthy and happy 2018.

This weekend we observe the birthday of Dr. Martin Luther King, Jr. This is a great time to start or continue a conversation with your child about social justice and topics that relate to working together to improve the world in which we all live.

As we all make resolutions or fresh starts for the new year, perhaps we can try to take on "kindness" as a goal. Trust me, I am the first to admit that there are days when tensions are high and nerves are raw. I may have been known, on occasion, to speak sharply or answer a question in a tone that while not intended to convey disrespect, may have been as polite as possible either. This can happen to any of us, anywhere, but perhaps we can all try to be more mindful of our interactions with others.

Lately, the office has had reports of some less than polite exchanges from parents to parents and students during drop off and dismissal. In fact, some of our 4th grade students are hesitant to work at dismissal due to some people using a sharp voice when asking if their child has been called yet. Then there have been times when parents feel cars are going around and causing an unsafe environment for everyone concerned in the parking lot. Please help for the students to see adults modeling the type of kind, patient and cooperative behaviors we hope our children develop and incorporate into their own personalities. With that in mind, please keep the following parking lot guidelines in mind:

EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,

WALNUT CREEK, CA 94598

P 925-946-0994 / F 925-946-9409

- ALWAYS ONLY ENTER the parking lot from the entrance CLOSEST to the ball fields. The other opening to the parking lot is the EXIT.(Next to the house on Hutchinson.)
- Patience is the rule of the day- always please be patient with each other, the students running carpool, and with the speed at which the process occurs. IF you need your child quickly, it is probably best to walk in and get them. (Parking is limited but available if you arrive early.)

CRAB FEED: There are still tickets available for our 2nd Annual Crab Feed, January 26th, benefitting the Adolescent Program's journeys. Tickets are \$75 each-if you don't know any of the AP students, simply call the office and we will connect you.



Auction Updates

Bring your friends and family to a fabulous evening out at the auction! Three-course plated dinner and dancing at Boundary Oak Golf Course.

[Buy Tickets](#) to the auction! With the cancelation of Fall Fest, this is our chance to make it up for the school. With only 110 tickets left you must buy them soon!

We need your baskets, pretty boxes or containers to showcase the silent auction items. Please bring them to the office for pick up by Zulay Loftin or contact Zulayloftin@yahoo.com to arrange for a pickup.



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

FOLLOW US ON FACEBOOK

JANUARY 12, 2018

EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,

WALNUT CREEK, CA 94598

P 925-946-0994 / F 925-946-9409



Notes from the Garden

Finally, some wet weather! As inconvenient as rain may feel, I think of it as banking treasure for a great spring and summer in the garden. We are fortunate to have some beautiful winter crops (favas, celery, cabbage, kale, and a variety of Asian greens) in our beds that will flourish with rain, and our sheet mulching project needs rain to aid in the breakdown of materials.

In our winter cycle we will be studying nature in relationship to time – how did early humans tell time, how does nature influence our experience of time, and how do we use our skills of observation to orient ourselves in our surroundings? While in the Fall we focused on our personal ecology, we will now start to study how we are interconnected and how we interact with our environment. Lower El students and I will be focusing, too, on ecology practices, while Upper El students and I will be focusing on designing our Indigenous People's Study garden and researching how social equity, preserving traditions, and growing our own food and medicine is a practice in both ecology and justice through the process of garden design and implementation.

Welcome back, and see you in the garden!



Notes from the Music Room

Happy New Year!

First things first, you may have noticed that 4th and 5th graders have started studying the recorder! Each student has their own recorder, which they are responsible for bringing to class each week (4th grade- soprano recorders, 5th grade- alto recorders, optional to bring sopranos as

well. In 6th grade, both are optional for now). We've been exploring bird songs using only the headjoint (the redwood grove behind 202 was briefly inhabited by some very exotic birds!), and So-Mi "cuckoo" sounds as our starting place for fingered notes. Please help your student keep track of their recorders- it should "live" in their backpack, or in the basket in room 202, so that it's always ready for class on Wednesday.

Aside from recorder, we've had a very full semester of songs, games and instruments. Some highlights: in upper el, we learned a 3-part song from the Georgia Sea Island singers (Yonder Come Day), listened to Grieg's 'In the Hall of the Mountain King' and learned the story of Peer Gynt's escape from the trolls, learned a traditional Basque dance with instrumental accompaniment, a circle game and song from Slovenia (Son Macaron), sung rounds, danced to music from around the world, and explored rhythmic notation through walking, stretching, running and wiggle-jiggling in the space.

In lower el, (who I see every two weeks), we explored high/low fast/slow in our Hello song, introduced small percussion with a pumpkin passing game and Witches and Ghosts, practiced solfege hand symbols (a kinesthetic form of pitch notation) and solo-singing our own names in Who's That, accompanied ourselves with xylophones, and sang lots of songs: All of the Critters, Dry Bones, Thank you for this Food, Peace Like a River, Frosty the Snowman, and of course, every grade 1st through 6th learned the Jingle Bell dance— my secret ambition is to get the whole school dancing this together in one place some day!



EAGLE PEAK MONTESSORI SCHOOL

Serving children through Montessori Education since 2001

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

FOLLOW US ON FACEBOOK

JANUARY 12, 2018

EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,

WALNUT CREEK, CA 94598

P 925-946-0994 / F 925-946-9409



Office Notes

Calendared Events

- Jan 15 MLK Day-No School
- Jan 16 EPMS Board of Directors 6:30p
- Jan 17 Field Trip Training 1:30p
- Jan 20 Prospective Parent Meeting 9:30a
- Jan 23 Field Trip Training 6p
- Jan 23 Prospective Parent Meeting 6:30p
- Jan 26 Early Dismissal
- **Jan 26 CRAB FEED**
- Jan 30 Prospective Parent Meeting 6:30p
- Feb 6 AP Alumni Night 6:30p
- Feb 12 Lincoln's Birthday-No School
- Feb 12 CFEP 7p
- Feb 13 Prospective Parent Meeting 6:30p
- Feb 19 President's Day-No School
- Feb 20 EPMS Board of Directors 6:30p
- Feb 24 Prospective Parent Meeting 9:30a
- Feb 27 Prospective Parent Meeting 6:30p
- Mar 1 Upper EI/AP Science Fair 6:30p
- Mar 2 Spring Photo 9:15a

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

JANUARY 12, 2018



EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,
WALNUT CREEK, CA 94598

P 925-946-0994 / F 925-946-9409

JANUARY 2018 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
	CFEP 7PM	 701 Exploratorium 201/202 de Young Museum		PTLG 6:30p	 Friday Market	
14	15	16	17	18	19	20
	MLK Day-No School	 EPMS Board of Director's Mtg 6:30p	Field Trip Training 1:30p		 Friday Market 501 de Young Museum	Prospective Parent Mtg 9:30a
21	22	23	24	25	26	27
		 Field Trip Training 6p Prospective Parent Mtg 6:30p			 Friday Market Early Dismissal 1p CRAB FEED 6p	
28	29	30	31			
		 Prospective Parent Mtg 6:30p				

FRIDAY FOLDER NOTES

(ALSO ON THE WEBSITE)

JANUARY 12, 2018



EAGLE PEAK MONTESSORI SCHOOL

800 HUTCHINSON ROAD,
WALNUT CREEK, CA 94598

P 925-946-0994 / F 925-946-9409

FEBRUARY/MAR 2018 School Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
					 Friday Market	
4	5	6	7	8	9	10
		 AP Alumni Night 6:30p			 Friday Market	
11	12	13	14	15	16	17
	Lincoln's Birthday-No School CFEP 7p	 Prospective Parent Mtg 6:30p	 Valentine's Day		 Friday Market	
18	19	20	21	22	23	24
	President's Day-No School	 EPMS Board of Director's Mtg 6:30p			 Friday Market	Prospective Parent Mtg 9:30a
25	26	27	28	1	2	3
		 Prospective Parent Mtg 6:30p		Upper EI/AP Science Fair 6:30p	 Spring Photo 9:15a	